



Beaulieu River Sailing Club

BRSC Sailing Course Level Three

For the Green Pennant Award you must:

- Be able to tie a clove hitch and a rolling hitch
- Be able to rig and launch without assistance in an offshore wind
- Be able to sail backwards away from a pontoon in an offshore wind
- Know and be able to apply the basic rules of the road for sailing dinghies
- Be proficient at tacking and gybing and sail a figure of eight course upwind and downwind
- Be able to demonstrate all points of sailing
- Be able to sail single-handedly, balance and trim a boat proficiently, including use of centreboard to steer a steady course
- Be able to sail up to and around a mark
- Be able to return to a beach, jetty or mooring safely
- Know relevant facts of local tides on the river
- Know how to read a tide-table and understand weather forecasts including windstrengths
- Know the meaning of the river marks and local river rules
- Know what action to take to assist those in distress

This is to certify that

has successfully completed
the Level Three(green) award

Signed

Instructor _____

Captain of BRSC _____

Date *6th August 2023*