Beaulieu River Sailing Club

BRSC Sailing Course Level One
For the Yellow Pennant Award you must:

- Be aware of wind direction and how to find it
- Be confident in the water wearing personal buoyancy
- Be able to assist with rigging a dinghy
- Be able to cleat or tie a sprit
- Be able to tie a figure of eight and a reef knot
- Be able to capsize and stay with your boat
- Be able to launch a dinghy and get underway with assistance
- Be a responsive crew under instruction (ie adjust centreboard, sail)
- Be able to steer and turn a dinghy when sailing (reach to reach) and towed
- Be able to paddle or row around a short triangular course (with sprit, sprit or oars)
- Be able to assist with recovering and stowage of dinghy
- Know the names of basic parts of the boat (ie hull, mast, boom, centreboard, sprit, sheet, painter, tiller, oars, rowlocks)
- Know how to call for assistance
- Know how to prepare to be towed
- Have basic knowledge of wind and tides

This is to certify that

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has succesfully completed
the Level One(yellow) award

Signed
Instructor_____

Captain of BRSC_____

Date *3rd August 2019*